

Lector - Prior to the service please check the service bulletin to confirm the readings and to determine if both the Old Testament lesson and the New Testament lesson will be read. Please ask the celebrant if you have any questions concerning the reading. Thank you.

7:30 am SMC; 9:00 am Church; 11:00 am SMC; 5:30 pm SMC

August 4, 2024

The Eleventh Sunday after Pentecost

A reading from the book of Exodus

[Exodus 16:2-4, 9-15]

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.” Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.” ... Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining’.” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God’.” In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

The Word of the Lord

Sunday 7:30 am SMC

The psalm/canticle is read by the lector.

Sunday 9 am Church & 11:00 am SMC

The Psalm is chanted by the choir. Please step from the lectern and wait to the side by the seated priest during the psalm and then return to the lectern for the reading of the Epistle.

Sunday 5:30 pm SMC

The psalm/canticle is read by the lector.

*The portion of the Psalter appointed for today is taken from **Psalm 78***

Let us read aloud and together:

[Psalm 78:23-29]

So he commanded the clouds above *

and opened the doors of heaven.

He rained down manna upon them to eat *

and gave them grain from heaven.

So mortals ate the bread of angels; *

he provided for them food enough.

He caused the east wind to blow in the heavens *

and led out the south wind by his might.

He rained down flesh upon them like dust *

and winged birds like the sand of the sea.

He let it fall in the midst of their camp *

and round about their dwellings.

So they ate and were well filled, *

for he gave them what they craved.

A reading from Paul's to the Ephesians

[Ephesians 4:1-16]

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord